



The Spearhead Foundation.

December 2021 until December 2022.



12 months report.

08/12/2022.



The Spearhead Foundations inception - Officially formed in 2018 as a WhatsApp group which focused on bringing likeminded individuals together following life after service through banter, horrendous videos, and nothing more we crazily became more. In 2019/2020, The Spearhead Foundation became embedded with a charity organisation as a project, towards the end of 2020 beginning of 2021 we'd grown significantly. From the start, the intention was to never be a fully-fledged organisation but ultimately due to demand and growth we were left without a lot of choice. In 2020, we became a stand-alone foundation, the organisation received a start-up grant from the founder Craig Monaghan, this grant was for £53,000.00 (£18k first year, £35k second year). The funds were 'courtesy of the Taliban' as this money came from the founder's pay-out following injuries sustained in Afghanistan. The funds allowed us as an organisation to immediately pay for activities, office space, furniture, insurance, policies, and reserve fund etc. The founder, the trustees set the standard when it came to how we as an organisation would govern themselves when it come to financial procedures by not wanting these funds back (I.E it wasn't a director's loan etc) nor do any of our board get paid salaries/dividends or expenses, although our volunteers do get expenses.

The growth of the foundation has seen year in and year out, growth. Becoming a place which is safe and full of banter, a place to purge about our time in the service, a place to seek help should it be needed, whilst remaining in common ground and most of all modern. The foundation continues to remain relevant through the power of sport, coffee, and the need to challenge our mind and body constantly. The approach the foundation has along with its modern swing on a hub, charity organisation and people are the reason in 2021/2022 we are one of the highest funded organisations in the country and arguably leading the way to change the way veterans, emergency services and the community work together.

In 2021/2022 – The Spearhead Foundation was funded for activities and social inclusion by The Armed Forces Covenant – sustaining support for Afghan veterans and The Holroyd Foundation.

In 2022/2023 The Spearhead Foundation has secured further funding and will continue working in Europe along with opening our centre in 2023 in Greater Manchester.



The Spearhead Foundations financial year runs – December 2021 until December 2022.

INCOME:	£
<i>Grants</i>	66,000
<i>Investment profits</i>	8,903
<i>Merchandise Sales</i>	6,487
<i>Donations from public/companies</i>	45,956
<i>Investment by director</i>	35,000
TOTAL INCOME:	<u>162,346</u>
EXPENDITURE:	£
<i>Rent</i>	16,000
<i>Wages</i>	12,200
<i>Welfare costs</i>	22,000
<i>Activity Costs</i>	19,980
<i>Expenses</i>	9,807
<i>Travel</i>	4,650
<i>Promotional Costs</i>	2,200
<i>Merchandising Costs</i>	1,333
<i>Stationary Costs</i>	1,097
<i>Website Costs</i>	259
<i>Miscellaneous Expenses</i>	2,000
<i>Foundation Grant Scheme</i>	29,925
<i>Humanitarian Equipment Purchase</i>	40,895
TOTAL EXPENDITURE	<u>162,346</u>



Following on from our accounts of Dec 2021 until Dec 2022 which will be uploaded to 'companies house' now our external verifier and forensic accountant have reviewed these (19/12/2022 – forensic accountant reviewed). We will now share the impact the foundation has had and on who. This will be done via a series of graphs, photos, and will follow on with a marketing video with some service users on social media.

But first, the commitments in the last financial year which haven't been met...

In December 2021, the foundation outlined plans to open a recovery centre in the North West. The aim of this was to secure a site and begin building in January 2022 but unfortunately this outcome wasn't achieved and building only began in September 2022, 'The Tomato Shed' project will be outlined further down the line but is set to open in 2023 now we are finally at the half way point on building in December 2022.

In November 2021, the foundation was meant to conduct a rally to Chernobyl as part of a partnership with other organisations. This unfortunately was cancelled, and the foundation was to be refunded through its partner in two rounds, the first round of refunds was received in April 2022 – these were named refunds per each person's ref (surname was reference). Round two of refunds unfortunately didn't return as expected in September/October 2022 and ATOL was instructed, this also resulted in the foundation actioning legal proceedings to resolve the funds owed from the partner organisation – we were successful in legal proceedings and await payment from third party

Now to the good successful stuff...

Mental Health Support QR piece: In partnership with Body & Mind First Aid Training this has been created to enable you to cut out and put in your offices for all to use.

-----CUT HERE-----

MENTAL HEALTH SUPPORT

www.TheSpearheadFoundation.com



Combat Stress



**Domestic Abuse
(Male Victim)**



**Domestic Abuse
(Female Victim)**



Money Worries



Depression



Alcohol



Cocaine



For Further Support or Foundation involvement email:
INFO@RFNGROUP.CO.UK



**Anger
Management**



**Rape &
Sexual Assault**

In Partnership with: **BODY & MIND**
First Aid Training

The Spearhead Foundation is a registered & regulated charitable organization: 13670789.

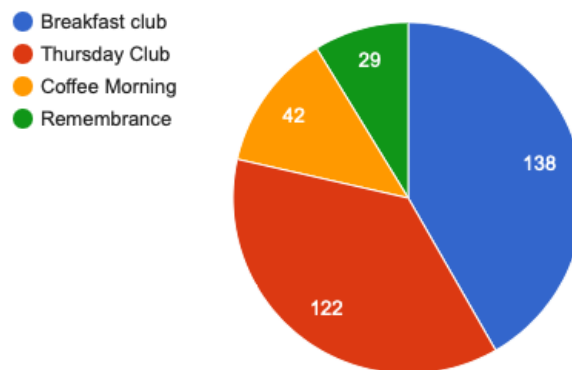


The Spearhead Foundation – Veterans Programme



In 2022, The Spearhead Foundation has worked directly with 488 veterans/service personnel either directly or in-directly with 331 veterans in total attending our events (data via headcount/data sheets) and 157 only engaging in clinical care. Many of our veterans were mainly veterans of the Iraq conflict and Afghanistan war. This again, is something we've been fortunate to be at the forefront of following Op Pitting and the media coverage the foundation received back in August 2022 which included media outlets such as 'Sky News and BBC News'.

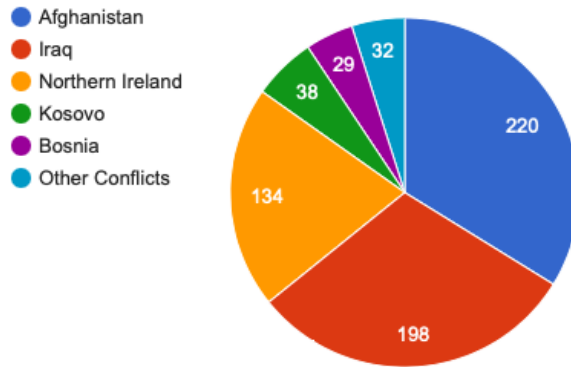
Our events in numbers



Our first table shows four of our main events for the veterans' programme which round up our headcounts and reports. Our 'breakfast clubs' seen 138 different veterans engage over 12 months, with 'coffee club' seeing 42 and remembrance seeing 29 in total. Our second most popular event was 'Thursday Club' which seen 122 veterans engage.

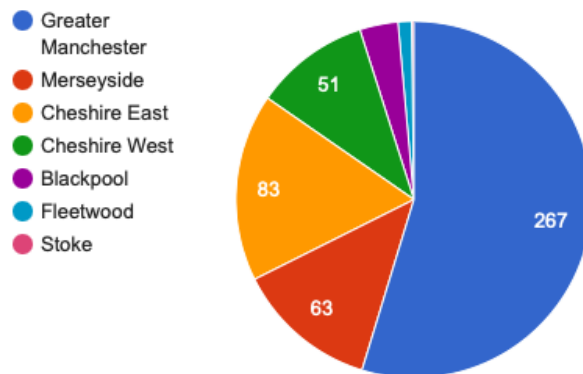


Where our service users served:



The above table, is where all our veterans who engaged had served, please note these aren't figures of individual veterans and it is likely that many of our veterans served for example one of our veterans who regularly attend served in Kosovo, Bosnia, Iraq, Northern Ireland, Afghanistan, Cyprus in that order and his stat will be one of each box. We hope this helps you understand how this table is worked out. We note the conflict areas people served to enable us to target specific groups and target certain funding pots.

Where our veterans are from (total engagement):



The above table shows where our veterans come from, taken from their postcodes of data collection forms they have filled out. The lowest areas in comparison which don't show the figures are Blackpool (17), Fleetwood (6), Stoke (1). The highest amount we work with is Greater Manchester, but this is probably because we mainly operate in Greater Manchester.



The Spearhead Foundation Veterans Programme also supported another veteran's programme in 2022. The Curzon Ashton FC Veterans Team. Where we provided a further 55 veterans with the opportunity to play football for their local professional team. Here is a photo of them doing just that:

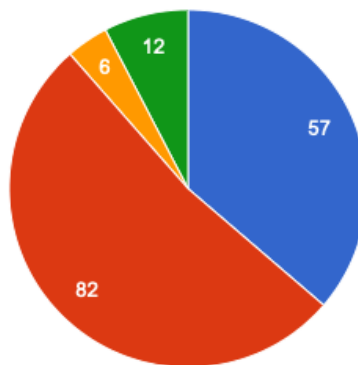


Over the course of 2022, they have been a lot the foundation has done for veterans away from our activities. A huge amount of this is counselling, food grants, priority debt pay offs and employment support grants.

In total £22,000 has been spent on veteran's welfare by the foundation with a further £18,000 given out in emergency or employment grants.

Veterans Welfare Spend

- More than 10 sessions
- 10 sessions
- Referred to combat stress
- Referred to Op courage



The above graph shows how we've supported 157 veterans clinically, 12 referred to Op Courage with 11 of those still being serving soldiers, 14 of those out of the 57 given more than 10 sessions of counselling were also still serving. The total of still serving receiving clinical support from The Spearhead Foundation who didn't want to approach their chain of command is: 31. Many of those we have supported clinically have served 4 years or more but no more than 12 years with half being in frontline emergency service roles currently. They came to us as they didn't want to affect their employment should they report to chain of command. As an organisation, we don't need to inform their employer unless they are a risk to themselves or others, we have unfortunately had to do this 19 times in 2022.



As a foundation, we pride ourselves on our communication and work with others. This goes across the board for the foundation but in particular our veterans programme where we are lucky to work with some amazing organisations such as Walking With The Wounded (WWTW), NHS Foundation Trust (Manchester/Greater Manchester) Veteran Aware programme, Pheniks Division, Barclays Bank veterans programme, Maverick Stars Trust and The Rifleman's Association.

The picture below, shows an event we helped Walking with the wounded host throughout summer where the veterans engaged in art therapy taken by a veteran Ian.



The picture below, shows an event where founder Craig Monaghan talked about his transition, the foundation and how it's important to recognise problems soldiers face coming into hospitals for treatment. This talk was delivered in front of guests of the NHS and the NHS executive team in Manchester.





The Spearhead Foundation, conducts weekly activities which include a breakfast club, coffee club, Thursday club. Each event is different and aimed at bringing different generations together.

The Breakfast club is aimed at bringing the older generation together in what traditionally works for them. Although it is open to all and The Spearhead Foundation provides a free breakfast and brew for all who attend. These are held in Salford and Wythenshawe and below is a photo of how they look, Wythenshawe tends to get the local police and fire brigade attending.

Top Photo: Wythenshawe. Bottom Photo: Salford.





The 'Thursday Night' is aimed due to funding at post 2001 veterans. It has a strong focus around Iraq and more so Afghanistan again simply due to funding. The event is conducted with free drinks and papa john's pizza provided. Below is a photo of how those nights tend to look. A good crowd, young and open to all who served 2001 to present.



The 'Coffee Club' is aimed to bring all generations together, it does have a strong focus around Afghanistan veterans solely due to funding but is a great get together for all service leavers. It is conducted outdoors and often has the local police attend. Below is a photo of how this tends to look, the group sizes range weekly.



The foundation, has also conducted other monthly activities which include veterans, police and fire workers. This includes a crypto club, online gaming, clay pigeon shooting, go karting and beers and a burger night.



The Spearhead Foundation – Humanitarian Team



Just like in 2020 and in 2021, The Spearhead Foundation have reacted to disaster or crisis and unfortunately 2022 was to be no different. On the 24th February 2022 Russia launched a full scale invasion into Ukraine and two days later 'The Spearhead Foundations' Humanitarian team were unintentionally the first organisation from the United Kingdom to cross the border with the stamps in two of our volunteers passports noting the day and a £1,000 vehicle hire fine 'for driving into a warzone'. The final stamp of 2022 came in November 2022 after 8 months operating in and around the country although in December the foundation paid for a delivery of equipment to Kyiv.

During the time in Ukraine, The Spearhead Foundation served on the border of Poland/Ukraine, Lviv, Rivne until March/April where from there on they operated in Kyiv, Bucha, Irpin, Odesa, Dnipro until July then Kramatorsk, Soledar and Bahmut until November. The well-travelled team have been involved in everything from handing out clothes and food, providing medical support, teaching, and evacuating civilians whilst under fire. The work earned the foundation recognition in the media, in both Ukrainian and United Kingdom governments receiving recognition by both UK embassy Kyiv and Ukrainian embassy London for our work. We have since received funding from the Disaster Emergency Committee and a contract with the European Advisory Mission to help teach Ukrainian trainees who are in the United Kingdom about searching, evacuation and human rights law (level 1 will be taught).





During our time in Ukraine, The Spearhead Foundation directly assisted over 2,800 people through training, evacuations or first aid and equipment. The foundation raised £40,895.00 and spent £40,895.00 on medical equipment, grants to Ukrainian families in England, vehicles, specialist equipment, radios, and EOD kit with some used to service vehicles, to travel around whilst in country (not to get to and from).



The Spearhead Foundation relied on its volunteering network to be able to make the humanitarian work happen. It used 16 volunteers during the Ukraine 2022 mission. These volunteers were either veterans or medical professionals with some fantastic help from Greater Manchester Police Armed Response teams.

Here are some of our volunteers in action, prepping kit for delivery:





Below is a small financial breakdown in line with our annual accounts above into the spending of our Ukraine 2022 mission.

INCOME:	£
<i>Grants</i>	8,000
<i>Donations</i>	32,895
TOTAL INCOME:	<u>40,895</u>
EXPENDITURE:	£
<i>Emergency Trauma Kit</i>	1,902
<i>Haemorrhage Control bandage</i>	1,811
<i>CAT Tourniquet</i>	2,456
<i>Trauma Kit in Foil</i>	2,015
<i>Military Style Vallons (RE)</i>	2,028
<i>Encrypted Radios</i>	2,160
<i>Surgical Pain Relief (General – Surplus – NO VAT)</i>	6,544
<i>EOD UK OpR8r Backpack System (x 2 £5,800e)(1 undelivered)</i>	11,600
<i>Firing Cable 500m on reel (purchased – undelivered)</i>	750
<i>Export/Import road movement permit costs</i>	219
<i>Vehicle Grant</i>	4,500
<i>Vehicle Grant</i>	400
<i>Vehicle servicing costs</i>	2,010
<i>Travel costs</i>	2,500
TOTAL EXPENDITURE	<u>40,895</u>

Additional to the above spend the foundation has assisted in taking 3 further vehicles to Ukraine, along with personal equipment of EOD techs and evacuation teams at their request, this isn't something we have purchased but have paid to take it into Ukraine unless they've donated to us to take it. The foundation also commissioned a 40ft container shipment via Romania to take 4.8 tons of equipment out to which the foundation delivered to Kyiv and Odesa in two split trips over 3 days thanks to Rebecca Lydiatt and Manchester Medicals LTD who paid for the drivers and truck. In total approximately 6.2 tons of miscellaneous equipment was donated to the foundation over the course of 8 months in addition to our purchases. This all went to the frontlines. We are immensely proud of our achievements and thank the UK embassies in Poland and Ukraine for the letters of commendation and recommendation to the DEC.



The Spearhead Foundation wants to give a special thanks to SIFH Global who have been our partner throughout the whole Ukraine campaign, our wins in country are just as much their wins. As goes to all those we have worked with, HARP Rescue, Donbas Evacuation, Bostock SOS, EUAM Ukraine, Siobhan's Trust, EOD teams both Chris and MAG and the IRCC, without you all providing the assist, the opportunity, and partnerships we wouldn't have been able to make the difference we have. The Spearhead Foundation will forever be grateful.

You can view footage, and further pictures on our social media regarding our work in Ukraine which will continue through 2023. Receipts and proof of spend have been checked and verified by an external forensic accountant in line with UK company and charity regulations. The Foundations fundraising is in line with the rules and regulations of the fundraising regulator.





The Spearhead Foundation Grant Scheme –

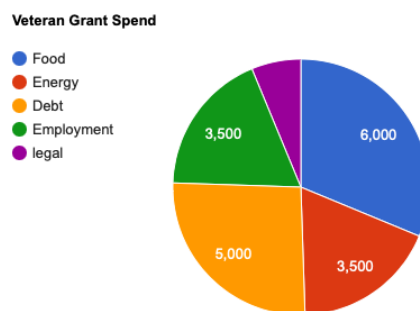
The grant scheme has provided emergency grants to over 200 people in 2022. Including some businesses to provide further reach and community activities.



Pictured above, is Shoei from Pheniks Division and Carter, the son of founder Craig Monaghan. This was a post activity photo which The Spearhead Foundation gave £600.00 to Pheniks Division to conduct CPR training in two primary schools, clearing just over 600 children across two days Shoei and his team taught everyone from reception to year 6 lifesaving skills.

This is an example of the type of grants the foundation provides. It has provided £11,925 in grants in 2022 to support the community, whether that be sponsoring teams, paying for a cadet camp, paying for courses for volunteers of partner organisations or paying for kids to engage in sport or lifesaving activity.

Below is a graph showing what money has been spent on and where for our veterans - £18,000 in total. £1,200 in legal costs to help a veteran in court.





That concludes our 2022 impact report. Thank you all for getting this far into reading and if you have stuck it out thank you.

Now this year couldn't have been so successful if it wasn't for the fantastic people who have donated, no matter what you have donated you have been a huge part of our success. I wish we could name every single one of you on our impact report but unfortunately it would be another 16 pages but here are some special mentions to those who have made large donations to the foundation this year.

Donors and Sponsors of The Spearhead Foundation (in no order):

Jimmy Egan's Boxing Club Wythenshawe
The Mervis Family
The Tyrell Family
Morson Group
Morson Projects
Morrisons Eccles
Tesco Irlam
The Johnston Family
The Halliwell Family
The Donnelly Family
Signum Aviation
Manchester Medicals LTD
City Airport LTD
Peel L&P
Two Brews
Papa Johns UK
Quay Build LTD
Opti Fi LTD
Realism Training LTD
Edgar Brothers
The Newman Family
Body & Mind First Aid Training LTD
The Wiseman Family
Homestead Leigh LTD
The David Pennington Charity
Bill from The Local Mag
Irlam Rotary Club
St Elizabeths Primary School
Sunbelt Rentals UK & IRE

If you'd like to see our governance document, please visit our website:

<https://www.thespearheadfoundation.com/governance>

To contact the board of trustees please email: boardmembers.spearhead@rfgroup.co.uk

To contact the foundation: info@rfgroup.co.uk

Please make sure you follow the foundation on social media: Twitter/Facebook/Instagram/LinkedIn

Thank you, from all the board of trustees of The Spearhead Foundation.